

## Authors' Guidelines

### 1. Scope of the journal

The European Psychomotricity Journal (EPJ) is the official e-journal of the European Forum of Psychomotricity (EFP). It is an open access, peer-reviewed journal, published once a year.

The editorial policy of EPJ pursues the aims of the European Forum of Psychomotricity: to promote high standards of scientific study in the field of psychomotricity advancing the practice, research and education of Psychomotricity across Europe. Since 2024, under the EFP framework, the EPJ has expanded its scope to include both scientific and divulgative articles on an international level. This alignment reinforces the journal's mission to disseminate psychomotor philosophy and benefit individuals of all ages globally.

Psychomotricity is an interdisciplinary field that integrates cognitive, emotional, symbolic and physical interactions, to enhance an individual's ability to act and interact within a psychosocial context through movement and play. It is based on a holistic vision of the human being, emphasizing the unity of body and mind. The practice of psychomotricity involves various approaches across different European countries, focusing on the mutual influence of cognition, emotion, and movement on the development of personal competencies.

Psychomotricity is used in preventive, pedagogical, and therapeutic contexts, involving activities that promote well-being, prevent issues, provide care and support rehabilitation. It is relevant for all ages, from infancy to old age, including specific stages such as pregnancy and end-of-life care.

The European Forum of Psychomotricity (EFP) is proud to embark on this new challenge with the European Psychomotricity Journal (EPJ). We aim to provide the scientific and professional community with a valuable tool for the sharing and dissemination of psychomotricity knowledge. We hope that EPJ will become a cornerstone in the field of psychomotricity, fostering collaboration and innovation at an international level.

### 2. Guidelines for Authors

#### a. General information

EPJ will not consider for publication any manuscript under review elsewhere or substantially similar to a manuscript already published. Editors retain the right to reject manuscripts that do not meet established ethical standards. Full instructions are available on EPJ Guidelines.

All sources used and all literature must be listed in full in the list of sources and references. All literal quotations and analogous references must be marked. All aids that I have used, including generative AI (like ChatGPT or CoPilot) or dialog systems, must be made transparent. Used resources must be listed after the list of sources and references. This assurance applies to all parts of the manuscript. Please also submit a cover letter that contains the name(s) of the author(s) and affiliation(s), and the street address, telephone, and electronic mail address of the corresponding author. A corresponding author's submission to EPJ implies that all co-authors have agreed to the content and form of the paper. Any financial interest or conflict of interest must be explained to the Editor in the cover letter. Please add always a contribution statement at

the end of your paper, which gives clear information about the role and the contribution of the authors. The corresponding author is responsible for informing all co-authors, of paper submission, editorial decisions, reviews, and revisions.

EPJ is an Open Access journal which means that all content is freely available without charge to the user or his/her institution, giving reference to the source, in compliance with the usual scientific standards. Users are allowed to read, download, copy, distribute, print, search, or link to the full texts of the articles, or use them for any other lawful purpose, without asking prior permission from the publisher or the author. This is in accordance with the BOAI definition of Open Access.

Manuscripts will be submitted electronically, as an attachment to an email in Word®, to Carefully proofread the final revision, check the references for accuracy, and retain a copy of the manuscript.

The EPJ has two main categories to give opportunities for different contributions with a scientific or practice-oriented focus:

- *Research and development in psychomotricity* is a journal category for scientific articles in the field. Studies, research projects and development work are published here. Articles in this category undergo a peer review process, based on usual scientific standards.
- *Forum Psychomotricity* is a category for contributions aimed primarily at practitioners. Typical contributions here are, for example, articles on practical interventions or reports from working groups. Contributions in this category undergo an editor check, but no peer review process. If you have other interesting information from politics, society or culture that you think will advance the field of psychomotor skills (like for e.g. reports from congresses, political decisions concerning Psychomotricity), please do not hesitate to upload your contribution for a quick check.

## **b. Preparation of Manuscripts**

### **For Section 1 | Foundations, innovations, and frontiers in Psychomotricity (Scientific Research)**

Manuscripts must be written in English. Text should be supplied in a format compatible with MS Word for Windows. Charts and tables are considered textual and should also be supplied in a format compatible with MS Word. All figures should be supplied in .jpg format. All manuscripts must be typed in 12pt font and in double space with margins of at least 2.5 cm. Papers should not exceed 20 pages including tables and figures. Authors should prepare manuscripts according to the Publication Manual of the American Psychological Association (APA) (7th ed.).

Using the APA as a guide, pay particular attention to manuscript content and organization (see <https://apastyle.apa.org>), editorial style, and manuscript preparation. Check format against APA sample paper. Note that Method is singular, and the heading, Participants, is preferred over Subjects. Insert line numbers in the left margin of each page, beginning with the abstract page. This facilitates providing line-by-line feedback. Indicate relevance by referring to theories, paradigms, or conceptual frameworks and briefly reviewing the existing knowledge base. Use person-first, non-sexist language in your writing, according to PMPA standards. APA requires reporting both statistical significance and effect size, when appropriate.

**Title page.** This should contain the article title, a running head not exceeding 50 characters (including spaces), and full contact details of the authors. One corresponding author should be identified, whose e-mail address will be provided.

**Abstracts.** Authors submitting papers should note that abstracts are required (150-200 words). These should outline the questions investigated, the design, essential findings and main conclusions of the study. After the abstract 3-5 keywords should be mentioned.

**Text.** This should in general, but not necessarily, be divided into sections with the headings: Introduction, Method, Results, Discussion, Conclusion, Applications, Tables and Figures. Tables and figures should be referred to text as follows: Figure 1, Table 1. The place at which a table or figure is to be inserted in the printed text should be indicated clearly on a manuscript. Each table and/or figure must have a legend that explains its purpose without reference to the text. Artwork submitted for publication will not be returned and will be destroyed after publication, unless otherwise requested.

**References.** EPJ uses the APA system to indicate references in the text, tables and legends. The full references should be listed alphabetically and presented following the text of the manuscript. References are formatted according to the Publication Manual of the American Psychological Association (APA) (7th ed.), including the DOI (Digital Object Identifier). On the website <http://www.crossref.org/SimpleTextQuery> you can check a complete bibliography and copy out the Digital Object Identifiers (DOI) of the registered literature entries or the complete bibliographies with added DOIs.

#### **For Section 2 | Practice insights: case studies and professional reflections (Forum of Professional Experiences)**

Manuscripts must be written in English. Text should be supplied in a format compatible with MS Word for Windows. Charts and tables are considered textual and should also be supplied in a format compatible with MS Word. All figures should be supplied in .jpg format. All manuscripts must be typed in 12pt font and in double space with margins of at least 2.5 cm. Papers should not exceed 20 pages including tables and figures.

Authors should prepare manuscripts according to the following structure:

1. Title max. 70 characters, incl. spaces
2. Subtitle max. 120 characters, incl. spaces
3. Lead 300 to 500 characters, incl. spaces
4. Max. length of article : 20 pages

#### **For Section 3 | Global policy, professional horizons, and developments in Psychomotricity (International and National Policy & News)**

Please contact the Editorial Office (<mailto:info@psychomotricity-journal.eu>) in order to get the details for your manuscript.

### **c. Submission of Manuscripts**

Manuscripts for consideration should be submitted electronically, as an attachment to an e-mail, to the Journal's editorial office: [info@psychomotricity-journal.eu](mailto:info@psychomotricity-journal.eu).

Please send two versions that are textually identical: One version is anonymized, so that authors are not identifiable, even via their literature references. Another version contains all author details and bibliographical information.

### **d. Author-Side-Fees**

The submission and peer-review of manuscripts are free of charge. After the positive evaluation of a paper, the following publication fees have to be paid by the author, in order the paper will be published:

- Section 1 (double-blind peer review process): 400 Euros (€)
- Section 2 (peer-review): 80 Euros (€)

The details for the bank transfer are provided to the authors as soon as their manuscript is accepted for publication. Please apply for special conditions if you find yourself in a situation that makes it difficult to pay the fee. Authors who are not funded by their institution, covering their publication fee (e.g. contributions for section 1 based on a Master's thesis without institutional support, practical insights or reports in section 2) are welcome to contact us before submitting a paper as well, regarding special conditions ([info@psychomotricity-journal.eu](mailto:info@psychomotricity-journal.eu)). Please note that half of the fee will still be charged for our work if you withdraw your contribution after a double-blind peer review and subsequent acceptance in principle by us.

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### **f. Supplementary Material**

These are guidelines for the submission of supplementary material to the journal including animations, movie files and sound files that can be accessed via the online edition and additional information, including indexes and calendars.

All files of supplementary material should be submitted in an uncompressed format that can be used universally on PCs and Macs. All files should be kept to a minimum size.

Files should be submitted to the journal editor along with the manuscript. If required please supply a legend(s) or description(s) with the additional material to be mounted online and a reference to the file.

Authors who are unable to submit in any of the formats mentioned are advised to contact the publisher to discuss other options prior to submission.

**Animation.** Animations are limited to 30 seconds and to a maximum of 500 MB. Please contact us for details, if needed.

Animation should be mentioned in the text. Indicate an approximate location for the animation call-out in the margin.

**Movie files.** Movie files should be submitted as AVI, QuickTime or Mpeg file. These should be uncompressed and in a universal format for PC or Mac. For ease of download, the recommended upper limit for the size of a single file is 10 Megabytes. When the size of a single file is bigger than this, some users may experience problems when downloading. Whenever possible, therefore this limit should be adhered to.

**Sound files.** Sound files should be submitted as .WAV or .MP3 files. These should be uncompressed and in a universal format for PC or Mac.

- All files should be kept to a minimum size where possible.
- A legend or description of the sound file to be mounted online should be supplied to the editor.

**Additional text files.** Additional text files, such as legends, indexes and calendars should be supplied in a standard word processing document such as MS Word or PDF with the correct links/URL(s) if applicable. Standard positioning online for additional information is after the "Abstract" and before the "References" or on the "Table of Contents", please state if you require different positioning online.

## 5. Paper Submission and Timing

	Call for contributions opens	30th January
	Submission of articles to: info@psychomotricity-journal.eu	Section 1 and 2: 15 <sup>th</sup> May Section 3: 30 <sup>th</sup> June
	Forwarding articles to reviewers (Sections 1 and 2)	31th May
	First reviews of articles (Sections 1 and 2)	Ongoing until end of June
	Forward reviews to authors for modification (Sections 1 and 2)	31 <sup>st</sup> July
	2 <sup>nd</sup> reviews of articles (Sections 1 and 2)	31 <sup>st</sup> August
	Forward 2 <sup>nd</sup> reviews to authors for finalization (Sections 1 and 2)	4 <sup>th</sup> September
	Final articles available	mid-October
	Language check of articles	mid-November
	Layout of articles	mid-December
	E-Journal available on <a href="https://psychomotricity-journal.eu">https://psychomotricity-journal.eu</a>	January 2027